



# Vashon Natural Medicine

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## Pediatric Intake Form

Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_ Grade \_\_\_\_\_ Current School \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ M.I. \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Mother's full name \_\_\_\_\_ Father's full name \_\_\_\_\_ Guardian \_\_\_\_\_

Primary health concern \_\_\_\_\_ Secondary concern \_\_\_\_\_

## Birth History

Mothers' age at child's birth \_\_\_\_\_ Prolonged Labor \_\_\_\_\_ Surgical intervention \_\_\_\_\_

Adopted? Yes No From country: \_\_\_\_\_ Mother's health during pregnancy (please check all that apply):

\_\_\_\_ Bleeding \_\_\_\_ Hypertension \_\_\_\_ Illness \_\_\_\_ Nicotine Use \_\_\_\_ Alcohol use \_\_\_\_ Drug Use

\_\_\_\_ Nausea \_\_\_\_ Diabetes \_\_\_\_ Thyroid problems \_\_\_\_ Physical or emotional trauma \_\_\_\_ Bed ridden \_\_\_\_

Other (explain) \_\_\_\_\_

Name of last doctor \_\_\_\_\_ Date of last Physical \_\_\_\_\_

Hospitalizations	Year	Reason	Year	Reason

Surgeries	Year	Reason	Year	Reason

## Current Medications

Prescription

Non-Prescription

Diet

Does your child follow a special diet? \_\_\_\_\_ *yes, explain*

## Exercise

Type \_\_\_\_\_ Number of Times per week \_\_\_\_\_ For how long? \_\_\_\_\_

## Health History

**If yes, please list date and details**

1. Had any recent injury, illness or infectious disease?	
2. Have a chronic or recurring illness/condition?	
3. Ever been hospitalized or had surgery?	
4. Have frequent headaches?	
5. Ever had a head injury?	
6. Ever had frequent ear infections?	
7. Ever been dizzy or passed out during or after exercise? Chest pain during or after exercise?	
8. Ever been diagnosed with a heart murmur?	
9. Ever had problems with joints (e.g., knees, ankles)?	
10. Have any skin problems (e.g., itching, rash, acne)?	
11. Have diabetes?	
12. Have asthma?	
13. Had problems with diarrhea/constipation?	
14. If female, have an abnormal menstrual history?	
15. Ever had an eating disorder?	
16. Ever had emotional difficulties for which professional help was sought?	

### Medical History – Which of the following has your child had? Check all that apply

TB Test	German Measles	Measles	Mumps
Scarlet Fever	Diphtheria	Mumps	Ear Infections # of times
Chicken Pox At what age	Rheumatic Fever	Polio	Tonsillitis # of times
Bronchitis	Eczema	Croup	Other
Known Allergies – list			

### Immunization History

DTaP						
TD (tetanus/diphtheria)						
Tetanus						
Polio						
HIB						
MMR						
Haemophilus influenza B						
Hepatitis B						
Varicella (chicken pox)						